



Alpha

YOUTH

Step 1

CREATE
CULTURE

Welcome to the What's on Your Mind Starter Kit! We are so excited that you are getting ready to run the new Alpha Youth Series. Over the next couple of months we are inviting you to journey with us to prepare to run an incredible Alpha Youth whether that's in your church, school, home or anywhere in between.

The kit is broken up into 4 parts, **1. Create Culture, 2. Get Training, 3. Get your Merch! And 4. Empower Students.**

1. Create an Alpha culture (Already there? Keep it up.)

The best way to create a space to build Alpha culture is to run Alpha Youth.

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An Alpha culture consists of 4 main things:

- Invitation
- Reliance
- Listening
- Radical Hospitality

How can I cultivate Invitation?

- Create easy on-ramps for students to invite their friends – a night at the park, video game tournament, live music.
- Build trust with your students, don't bait and switch, make open spaces for students to belong before they become.
- Equip your students – give students language, encourage them, hand over ownership of your space, partner with them to create a place they are excited to invite their friends to.

How do we practice reliance?

- Try listening prayer.
- It's never too early to start praying for students and for your Alpha to get a team together and start now!
- Never tried listening to prayer? Check out our prayer videos below!

[PRAYER VIDEOS](#)

Click the link above to view our prayer videos



What does listening look like in Alpha Youth?

- Create a space for open discussion
- Listen more, talk less
- Ask “What’s on your mind?”, then listen.
- Consider including time for discussion breaks during your regular programming & prompt your leaders to facilitate and refrain from teaching.

What does radical hospitality look like?

Imagine you were invited to a party by a friend, but you’re showing up by yourself. Then, anticipate the students you want to come into your space, not just those that are already there. What are the unique ways you can show you want them to be there and have created a space for them? Some questions to ask yourself:

- Is there food?
- What’s on the playlist?
- Did I explain the flow and reason for things that may be new?
- Do we have a student leadership team whose goal is to pursue other students and invite them to join in what’s happening? Are these students encouraged to shape your space?

Next Step! GET TRAINING

[TRAINING PDF](#)

Click the link above to download the Get Training PDF

