

# HOST + HELPER NOTES

WITH SMALL GROUP QUESTIONS

Alpha





# GUIDELINES FOR HOSTING

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Alpha creates a space, online or in person, where people are excited to bring their friends for a conversation about faith, life and God. The small group experience plays a key role. Discussion in small groups is the most important part of every Alpha session. Hosting a discussion on Alpha is not about re-teaching any of the content from the session – the goal is to create a safe place where everyone can share their thoughts and feelings openly and honestly and ask questions.

Remember, this is just a guide. Use these questions to initiate conversation and bring it back on track when needed.

In the updated Emcee Notes found in MyAlpha, we have provided an icebreaker question for most sessions. The emcee will introduce the icebreaker just before the video is played and your role is to help everyone in your small group participate in the icebreaker to build connections and laugh together. If you do not sit together as a small group for the talks, you may want to start each small group session with the icebreaker instead of at the end of the meal.



# TIPS FOR HOSTS & HELPERS

- Remember names
- Pray for your guests/group
- Be committed
- Show up early for the Team Huddle and welcome guests
- Stay long enough to chat with guests afterwards
- Keep the conversation alive and balanced
- Be encouraging
- End on time
- Stay for a quick debrief with your Alpha team to celebrate wins, chat about challenges and pray

## Questions & Supporting Questions

If you are using the **Alpha Film Series**, **Alpha with Nicky Gumbel**, the **Alpha Talks with Isaac**, or live talks using **Alpha Scripts**, the small group discussion time occurs at the end of the talk.

**The Alpha Film Series with Discussion Breaks** is designed to be paused a few times for group discussion, which is prompted by street interviews and on-screen questions. We've highlighted the questions and timestamps so you know what's coming and where you are in the session. In addition to the questions on screen, we have included several supporting questions to help you keep the chat alive, so you don't have to worry about the conversation drying up too quickly. Don't feel limited to these. You can be creative and throw other questions into the mix.



## WEEK 1

# IS THERE MORE TO LIFE THAN THIS?

## MAIN IDEA

Alpha is an invitation to explore life's biggest questions. Every opinion is welcome.

This session is focused on opening a conversation around whether there is more to life than just what demands our immediate attention and focus.

## Questions:

1. How did you end up at Alpha tonight?
2. If it turned out that God did exist after all and you could ask one question, what would it be?
  - a. Supporting question: Why would you ask that?

## Additional Questions:

1. What do you think about the idea of there being a spiritual side to life?

## Alpha Film Series with Discussion Breaks:

**Q1**

What makes you happy?  
**Timestamp - 7:45**

**Q2**

What is something that keeps you from fully enjoying life?  
**Timestamp - 16:11**

## Key Bible Verses:

Jesus answered, "I am the way, the truth, and the life. No one comes to the Father except through me."  
**- John 14:6, NIV**

"I have come that they may have life, and have it to the full."  
**- John 10:10, NIV**

## Keep in Mind:

- Keep an eye out for guests that have come alone or seem especially nervous. A small gesture of recognition and a friendly face can go a long way.
- No matter what they say on the first night, don't make assumptions about anyone's faith journey.
- Avoid using Christian jargon, as this could be the first time a lot of the guests are hearing Christian phrases. Check regularly with your guests if there are any words or phrases they don't understand.



## WEEK 2

# WHO IS JESUS?

## MAIN IDEA

This session explores who Jesus was and is – through history, his teachings, and his goodness.

There's evidence to suggest Jesus was more than a great religious teacher. His life, death, and resurrection are the centerpiece of the Christian faith. The resurrection not only suggests that God exists, but also that God has revealed himself through Jesus.

### Questions:

1. What did you think or feel about the talk tonight?
2. What do you think about Jesus?
  - a. Supporting question: What stands out to you the most about Jesus?
3. If you had a chance to meet Jesus, how would you feel, and what would you say to him? What would you want that encounter to be like?

### Additional Questions:

1. Before you heard the talk tonight, what was your concept of Jesus? Has it changed? If so, in what way?
2. What aspects of the evidence presented tonight did you find convincing/not convincing?

### Alpha Film Series with Discussion Breaks:

**Q1**

Who is Jesus to you?  
**Timestamp – 2:24**

**Q2**

What do you think about the concept of Jesus rising from the dead?  
**Timestamp – 21:04**

### Key Bible Verses:

Then Jesus declared, "I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty."

**- John 6:35, NIV**

"Anyone who has seen me has seen the Father."

**- John 14:9, NIV**

"I and the Father are one."

**- John 10:30, NIV**



## **Keep in Mind:**

- Some guests will join the course on Session 2. Be on the lookout for new faces and if needed, encourage the group to go around and introduce themselves
- This is a good time to remind your group of the guidelines mentioned at the start of the course:
  - o You don't have to talk if you don't want to, but we'd love to hear everyone's thoughts.
  - o You can ask or say just about anything as long as you're respectful to everyone in the group.
  - o Respect each other by listening and allowing different opinions. Feel free to ask follow-up questions if you'd like to hear more.
  - o Keep things confidential when you leave the group.



## WEEK 3

# WHY DID JESUS DIE?

## MAIN IDEA

In this session, we will look at the meaning of real, unconditional, and sacrificial love. Even though sin has real consequences, Jesus' death and resurrection is the solution to the problem of sin.

The cross shows us that God loves us, that death has been defeated, that the power of sin has been broken, and that we can have a relationship with our Heavenly Father.

### Questions:

1. How do you feel about the idea of forgiveness?
2. What did you think about the stories of forgiveness in the video?
3. Have you ever had to forgive anyone? How did you do it?
4. Has anyone ever had to forgive you? What did it feel like?
5. How do you feel about the idea of God forgiving you?

### Additional Questions:

1. What is your reaction to Jesus' death?
2. What does the word "sin" mean to you?

### Alpha Film Series with Discussion Breaks:

## Q1

Which is harder: pointing out others' mistakes or admitting your own? Why?  
**Timestamp – 6:09**

## Q2

What do you think/feel about the idea that Jesus died for you?  
**Timestamp – 14:52**

### Key Bible Verses:

All have sinned and fall short of the glory of God.  
**- Romans 3:23, NIV**

We all, like sheep, have gone astray, each of us has turned to our own way; and the Lord has laid on Him the iniquity of us all.  
**- Isaiah 53:6, NIV**

But God demonstrates his own love for us in this: While we were still sinners, Christ died for us.  
**- Romans 5:8, NIV**

The blood of Jesus cleanses us from all sin.  
**- 1 John 1:7, NIV**



## Keep in Mind:

- It's important to encourage anyone who shares by saying something like, "That's a really interesting point" and "Thank you so much. What do other people think?" This draws out people and keeps the conversation moving.
- Your job is to draw out people's honest thoughts, fears, and apprehensions. Often, guests can wrestle with the concept of suffering and the idea of deserving forgiveness, and it's your job to help them feel safe to express themselves in an open and honest way.

## Notes:



**WEEK 4**

# HOW CAN I HAVE FAITH?

**MAIN IDEA**

What does it mean to have faith? Christianity is not a club that someone joins. It is a relationship with Jesus that changes your life, and we enter that relationship through faith.

This session explores what it means to be invited into a relationship with God and how it transforms and changes us.

**Questions:**

1. What does it mean to have faith in something or someone?
2. How can you have faith in something you cannot see?
3. How do you feel/what do you think about the idea of a relationship with God?
4. What obstacles might keep you from having faith?

**Additional Question:**

1. What do you think about faith being a step based on evidence rather than a blind leap?
2. It's reasonable to assume that we all put our faith in something. What are some of the things you put your faith in and how is that going?

**Alpha Film Series with Discussion Breaks:****Q1**

What does faith mean to you?  
**Timestamp – 5:41**

**Q2**

How do you feel about the idea that the Christian faith is a personal relationship with God?  
**Timestamp – 14:12**

**Key Bible Verses:**

This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun.

**- 2 Corinthians 5:17, NLT**

Yet to all who did receive Him, to those who believed in His name, He gave the right to become children of God.

**- John 1:12, NIV**

“Here I am! I stand at the door and knock. If anyone hears my voice and opens the door, I will come in and eat with that person, and they with me.”

**- Revelation 3:20, NIV**



## Keep in Mind:

- At the end of the episode, there's an opportunity for anyone who might want to start a relationship with Jesus to repeat a prayer. Encourage hosts to be aware of this moment and open to the conversation.
- Remember that this is a week for guests to reflect out loud. You are not trying to push people toward any conclusion or correct any ideas they may have. Trust that Jesus is at the door of their heart!

## Notes:

**WEEK 5**

# WHY AND HOW DO I PRAY?

**MAIN IDEA**

Prayer is at the heart of Christianity, because at the heart of Christianity is a relationship with God. He is the one who can transform situations and give us comfort and peace.

In this session, we explore the practical and the personal ways we can grow our relationship with God through prayer.

**Questions:**

1. What did you think or feel about the talk?
2. Have you ever tried praying, or do you know of anyone who has tried praying? How did it go?
3. What do you think about the idea of God answering prayer?
4. Have you ever prayed, and a coincidence happened?
5. In the talk, various reasons for praying are given. Which of these do you relate to, if any, and why?

**Additional Questions:**

1. What comes to mind when you hear the word “prayer”?
2. Have you ever found yourself praying even if you weren’t sure what you believed? What was that like?
3. How do you feel about the idea of talking to God as you would talk to a friend?

**Alpha Film Series with Discussion Breaks:****Q1**

What situations have led you to pray?  
**Timestamp – 2:55**

**Q2**

What do you think about the idea that God answers prayer?  
**Timestamp – 15:10**



### **Key Bible Verses:**

For through Him we both have access to the Father by one Spirit.

**- Ephesians 2:18, NIV**

In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit intercedes for us”

**- Romans 8:26, NIV**

“But when you pray, go into your room, close the door and pray to your Father, who is unseen.

Then your Father, who sees what is done in secret, will reward you.”

**- Matthew 6:6, NIV**

### **Keep in Mind:**

- Consider praying at the close of your group tonight. The discussion host should go first and make their prayer honest, but very basic, such as, “Lord, I thank you for the wonderful meal we shared tonight.” The goal is for everyone to see that prayer can be simple. You don’t need fancy words, a long prayer, or a certain voice.
- There is no pressure with Alpha, so anyone is free to pass if they don’t feel comfortable praying.

### **Notes:**



## WEEK 6

# WHY AND HOW SHOULD I READ THE BIBLE?

## MAIN IDEA

The Bible is the primary way that God speaks to us. The Bible guides us toward Jesus and gives us guidance for life, inviting us to connect with God and build a relationship with Jesus.

This session explores the importance of reading the Bible and the ways that God uses his Word to speak to us.

## Questions:

1. What did you think or feel about the talk?
2. Has anyone ever tried reading the Bible? What was your experience?
3. How do you feel about the idea of God speaking through the Bible?

## Additional Questions:

1. Was there anything shared in the video that made you think or feel differently than you did before you watched it?
2. Have you ever come across a Bible verse that really stuck with you or made you think? What was it?

## Alpha Film Series with Discussion Breaks:

### Q1

Is the Bible relevant today?  
Timestamp – 2:05

### Q2

Have you ever tried reading the Bible? How did you find it?  
Timestamp – 16:55

## Key Bible Verses:

All scripture is God-breathed  
– 2 Timothy 3:16, NIV

These are written so that you may believe that Jesus is the Christ, the Son of God, and that by believing you may have life in His name.

- John 20:31, ESV

Your word is a lamp for my feet,  
a light on my path.

- Psalm 119:105, NIV



## Keep in Mind:

- In this session, your goal should be to raise curiosity around the Bible and help it seem more accessible to the guests, especially those who have never tried reading the Bible.
- This could also be a great opportunity for discussion helpers to share if they have ever struggled with reading the Bible. This will encourage conversation to share about those times of doubt or struggle. Just remember to keep it brief to allow the majority of the time for guests to share. Consider talking about The Bible with Nicky and Pippa. Find out more at [bible.alpha.org](http://bible.alpha.org)

## Notes:



## WEEK 7

# HOW DOES GOD GUIDE US?

### MAIN IDEA

In this session, we explore the idea that God has a plan and purpose for our lives and discover the different ways we can learn to hear his voice and follow his guidance.

We all need guidance to face the daily decisions we make. We have access to the Holy Spirit, who is God with us, and who speaks to us and guides us in life.

### Questions:

1. What did you think or feel about the talk?
2. Over the last few weeks, has anyone had a sense that God might be guiding them?
3. How do you feel about the idea of God having a purpose for your life?
4. What are the ways that God may speak to people today? Have you ever experienced this?
5. What are some things that we can do if we have made mistakes in our lives?

### Additional Questions:

1. Have you ever had a gut feeling or a moment of clarity that felt significant?
2. What do you think it means for someone to be “called” to something in life? Have you ever felt that way about something?

### Alpha Film Series with Discussion Breaks:

## Q1

Have you had a sense of God guiding you in the last few weeks?

**Timestamp – 7:23**

## Q2

How do you feel about the idea that God has a purpose for your life?

**Timestamp – 14:10**



### **Key Bible Verses:**

For we are God's masterpiece. He has created us anew in Christ Jesus, so we can do the good things He planned for us long ago.

- **Ephesians 2:10, NLT**

I will instruct you and teach you in the way you should go; I will counsel you with my loving eye on you.

- **Psalms 32:8, NIV**

It is God who works in you to will and to act in order to fulfill His good purpose.

- **Philippians 2:13, NIV**

### **Keep in Mind:**

- As you continue praying for the guests this week, ask the Lord to open their eyes to see that He has a plan for their life, and it is never too late to begin a relationship with Him.
- The guests can share any way they want during this session but try to focus the conversation on the last few weeks to help focus the time on how God has been guiding them since starting Alpha.

### **Notes:**





## SESSION 8

# Introduction to Alpha Weekend

**Things To Note:**

There is no small group discussion for the introduction video.

There are no discussion breaks or pauses during the Holy Spirit sessions.

## SESSION 9

# Who is the Holy Spirit?

**MAIN IDEA**

This session gives an introduction to the topic of the Holy Spirit and how he works in us.

The Holy Spirit was present at the creation of the universe. When God created humankind, made in his image, it was the Spirit of God that breathed life into them.



## Questions:

1. Would you say that you are patient or that you hate waiting? What's something in your life that you have really had to wait for?
2. What do you think about the video? Did anything stand out to you?
3. How would you explain who the Holy Spirit is? What do you think about the idea that the Holy Spirit is a person?
4. How do you feel about the idea of relating to God through the Holy Spirit? How would you say you currently relate to the Holy Spirit? What might it look like to have a closer relationship with the Holy Spirit?
5. What do you think about the idea of having a "soft heart and hard feet", instead of a "hard heart and soft feet"?

## Additional Questions:

1. How do you feel about the idea that the Holy Spirit is not just a force, but a person who wants a relationship with us?
2. Is there anything that makes you curious, or cautious, about inviting the Holy Spirit into your life?

## Key Bible Verses:

"But the advocate, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you."

- **John 14:26, NIV**

"I baptize you with water. But one who is more powerful than I will come, the straps of whose sandals I am not worthy to untie. He will baptize you with the Holy Spirit and with fire."

- **Luke 3:16, NIV**

"Repent and be baptized, every one of you, in the name of Jesus Christ for the forgiveness of your sins. And you will receive the gift of the Holy Spirit. The promise is for you and your children and for all who are far off – for all whom the Lord our God will call."

- **Acts 2:38-39, NIV**

## Keep in Mind:

- We want each guest to experience the love of the Father, the forgiveness of Jesus, and the filling of the Holy Spirit this weekend. Remember to continue to rely on the Holy Spirit in all the conversations you have throughout the weekend and focus on deepening those friendships with the guests.



## SESSION 10

# What does the Holy Spirit do?

## MAIN IDEA

The Holy Spirit is not just a theological concept but an active presence in the lives of believers.

This session discusses how the Holy Spirit is central to Christianity, actively working to transform individuals, build community, and empower believers for service and mission. The Holy Spirit not only transforms our character but gives us the ability to be a blessing to others as well.

## Questions:

Spend some time reading 1 Corinthians 12:4-11 and discuss:

1. If you could have any sort of “gift” or “skill”, what would it be?
2. What do you think about each of the spiritual gifts?
3. How do you feel about the idea of God giving us supernatural gifts?
4. How do you feel about Paul’s statement in 1 Corinthians 12: 6-7, “God works in different ways, but it is the same God who does the work in all of us. A spiritual gift is given to each of us so we can help each other.” How do you feel about the idea of having a spiritual gift to help others?
5. Why does God give spiritual gifts to people?

## Additional Questions:

1. If you could have one of the gifts of the Spirit, which would you choose?
2. What do you think about the possibility of the Holy Spirit healing supernaturally?

## Key Bible Verses:

“Very truly I tell you, no one can enter the kingdom of God unless they are born of water and the Spirit. Flesh gives birth to flesh, but the Spirit gives birth to spirit.”

- John 3:5, NIV

For those who are led by the Spirit of God are the children of God. The Spirit you received does not make you slaves, so that you live in fear again; rather, the Spirit you received brought about your adoption to sonship. And by Him we cry,

“Abba Father.”

- Romans 8:14-15, NIV



The Spirit himself testifies with our spirit that we are God's children. Now if we are children, then we are heirs – heirs of God and co-heirs with Christ, if indeed we share in his sufferings in order that we may share in his glory.

- Romans 8:16-17, NIV

### Keep in Mind:

- Remember the principles of the gifts of the Spirit as you lead discussion:

- o **Freely Given** - The gifts of the Spirit are given by God, not earned or deserved.

- o **Used Willingly** - Each person chooses to use their gift of their own free will.

- o **Bring Glory to God** - The purpose of the gifts is to honor and glorify God.

- o **Meant to Serve Others** - These gifts are given to help and build up the community of believers.

- o **Supernatural** - The gifts come from God's power, not human ability.

## SESSION 11

# How can I be filled with the Holy Spirit?

### MAIN IDEA

This session builds on session 10 and looks at how we experience God's love through the Holy Spirit and the gifts of the Spirit. At the end of the session, there will be an opportunity to encounter the Holy Spirit.

### Things To Note:

The small group time at the end of the session provides an opportunity for guests to experience God's love through the Holy Spirit and to be prayed for if they would like.

Review the training video on Prayer & The Weekend Training before this session.



### Key Bible Verses:

God's love has been poured into our hearts  
through the Holy Spirit.

- Romans 5:5, NIV

Suddenly a sound like the blowing of a violent  
wind came from heaven and filled the whole  
house where they were sitting. They saw what  
seemed to be tongues of fire that separated and  
came to rest on each of them. All of them were  
filled with the Holy Spirit and began to speak in  
other tongues as the Spirit enabled them.

- Acts 2:2-4, NIV

"If you then, though you are evil, know how to  
give good gifts to your children, how much more  
will your Father in heaven give the Holy Spirit to  
those who ask him."

- Luke 11:13, NIV

### Keep in Mind:

- We can expect the Holy Spirit to come because Jesus promises the Holy Spirit to those who ask him (Luke 11:13). The Holy Spirit is not dependent on how eloquent our prayers are.
- Remind the guests that if they aren't ready to pray or if they're not feeling anything in the moment, that's okay – they haven't missed out. They can pray "Come Holy Spirit" anytime, anywhere, not only during the Alpha Weekend.

## SESSION 12

# How can I make the most of the rest of my life?

### MAIN IDEA

We have all made mistakes, but how can we live a life that is filled with purpose, a life that is truly fulfilling? One Bible translation reads, "Don't let the world squeeze you into its mold" (Romans 12:2).

This session helps us apply this truth, whether we feel that we have failed or achieved success in life, knowing God can make a difference to the meaning of our lives.



## Questions:

1. What did you think or feel about the talk?
2. Have you ever felt like the man who started the water non-profit, when he said, "I got to a point where I realized that no matter how much I had or did, I'd never be happy"?
3. How does this scripture from Romans 12:1, "In view of God's mercy, offer your bodies as a living sacrifice, holy and pleasing to God," land for you?
4. How could making that decision of a personal offering make a difference in a person's life? In your life?
5. How do you feel about the idea of "serving God" as a means to finding true freedom? Do you think that it limits you?
6. What are a few of the challenges that come with leaving things behind? What are the rewards that come from following Jesus?

## Additional Questions:

1. What do you think people today are most often trying to find fulfillment in? How has that played out in your own life?
2. Can you think of a time when you gave something up and gained something better in return? What was that like?

## Key Bible Verses:

Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God – this is your true and proper worship. Do not conform to the pattern of this world but be transformed by the renewing of your mind.

**- Romans 12:1-2, NIV**

Never be lacking in zeal, but keep your spiritual fervor, serving the Lord.

**- Romans 12:11, NIV**

## Alpha Film Series with Discussion Breaks:

**Q1**

Do you ever feel pressure to conform?

**Timestamp – 3:16**

**Q2**

If you could give your younger self one piece of advice, what would it be?

**Timestamp – 13:00**

**WEEK 8**

# HOW CAN I RESIST EVIL?

**MAIN IDEA**

Here we discuss what evil is, where we see it in the world, and what the Bible says we can do to face it and overcome it. John 10:10 says, “The thief comes only to steal and kill and destroy; I have come that they may have life and have it to the full.”

**Questions:**

1. What did you think or feel about the talk?
2. Why do you think bad things happen?
3. Where does temptation come from?
4. How do you resist temptation?

**Additional Questions:**

1. Where does evil come from?
2. How do we overcome evil with good?

**Alpha Film Series with Discussion Breaks:****Q1**

Why do bad things happen?  
**Timestamp – 1:36**

**Q2**

In what ways do you struggle with evil?  
**Timestamp – 18:29**

**Key Bible Verses:**

“The thief comes only to steal and kill and destroy. I have come that they may have life, and have it to the full.”  
- **John 10:10, NIV**

Resist the devil, and he will flee from you. Come near to God and He will come near to you.  
- **James 4:7-8, NIV**

**Keep in Mind:**

- We want to strike the balance between acknowledging that evil spirits are real (especially if people are skeptical) but not dwelling too much on evil.
- Someone might have a very compelling story that highlights the reality of evil. However, you want to be careful not to allow the small group to spend the whole time discussing horrible examples of evil in the world. Don't be afraid to move the conversation along.



## WEEK 9

# WHY AND HOW SHOULD I TELL OTHERS?

### MAIN IDEA

This session explores why sharing our faith with others is important to the Christian faith.

The message of Jesus is the best news we could hear! Because of who he was and what he did, we can have a personal relationship with God and tell others about our faith and our experience, with kindness and respect. Our words, prayers, and acts of love make a difference.

### Questions:

1. What did you think or feel about the talk?
2. Have you told others you are attending Alpha? What was their reaction?
3. If you did not know anything about Christianity, how would you like to be told about it?
4. What do you think or feel about the idea of people talking to others about their faith? How would you feel about doing that?
5. Can you think of anyone in your friends or family circle who might enjoy an experience like Alpha?

### Additional Questions:

1. What do you think makes it hard for people to talk about their faith?
2. If someone close to you started asking questions about life, meaning, or God, how might you respond?

### Alpha Film Series with Discussion Breaks:

**Q1**

Is it okay to talk about our personal faith with others? Why or why not?  
**Timestamp – 7:57**

### Key Bible Verses:

“Therefore, go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely, I am with you always, to the very end of the age.”

**- Matthew 28:19-20, NIV**

Our gospel came to you not simply with words but also with power, with the Holy Spirit and with deep conviction.

**- 1 Thessalonians 1:5, NIV**





## Keep in Mind:

- During this session, we want to help create a space where guests can be excited to share their faith or invite someone to Alpha.
- For many Christians, there can be fear around sharing the Gospel with others. Feel free to create space in your conversation to discuss what can make sharing your faith with others hard or intimidating.

## Notes:



## WEEK 10

# DOES GOD HEAL TODAY?

### MAIN IDEA

God invites us to play a part in bringing healing to others. The Gospels are full of stories of how Jesus healed people miraculously. In this session, we look at what healing is, how healing is presented in the Bible, and how we play our part.

### Things To Note:

There is an opportunity at the end of the session for guests to receive prayer for healing, if they would like to. It is important to make this a priority for the small group time and only use the discussion questions if you have time left over.

### Potential Questions (only if time allows after healing prayer session):

1. What did you think or feel about the talk?
2. Do you think God can still heal today?
3. Have you ever prayed for healing and it worked?
4. Have you ever prayed for healing and it didn't work?

### Key Bible Verses:

Jesus went throughout Galilee, teaching in their synagogues, proclaiming the good news of the kingdom, and healing every disease and sickness among the people.

- **Matthew 4:23, NIV**

"Heal the sick who are there and tell them, 'The kingdom of God has come near to you.'"

- **Luke 10:9, NIV**

At sunset, the people brought to Jesus all who had various kinds of sickness, and laying His hands on each one, He healed them.

- **Luke 4:40, NIV**

### Keep in Mind:

- Welcome the guests in your group to participate as they feel comfortable. They can stand up and lay hands on the person receiving prayer. They can stretch out a hand towards them, or they can even stay seated during prayer and just observe.
- This can be a sensitive topic for some who might have had disappointment around healing in the past. An Alpha guest should never feel it is their fault if they didn't receive an answer to prayer or experience healing. Encourage everyone that God can and does heal, but that there is still room for mystery in our experience of God and healing.



## WEEK 11

# WHAT ABOUT THE CHURCH?

## MAIN IDEA

The church is the family of God. It's people, not a building. It's a movement of hope and love. We are all invited to live out our faith in community with other believers. God works through the church to extend love to the whole world.

The final session of this series looks at Church, community, and what's next after Alpha. This isn't the end; Alpha is just the beginning.

## Questions:

1. What did you think or feel as you listened to the talk?
2. Have you experienced any changes in your life the past 11 weeks?

## Additional Questions:

1. How do you feel about the idea of church being "the body of Christ", with each person playing a different part?
2. What would you like to do now that you've finished Alpha?

## Alpha Film Series with Discussion Breaks:

### Q1

Why do people go to church?  
Timestamp – 5:00

## Key Bible Verses:

Everyone who believes that Jesus is the Christ is born of God, and everyone who loves the Father loves his child as well.

- 1 John 5:1, NIV

Now you are the body of Christ, and each one of you is a part of it.

- 1 Corinthians 12:27, NIV

You are no longer outsiders and strangers. You are citizens together with God's people. You are also members of God's family.

- Ephesians 2:19, NIRV



## Keep in Mind:

- Make sure to give the guests concrete next steps if they'd like to get involved in the life of your church. It helps to encourage your team to invite guests to attend a service with them, and to make sure the guests know about any follow-up opportunities after Alpha. If you are using the Alpha App, encourage your guests to explore the next step options included in the app.
- This session is a celebration, so just like the launch at the very start, think about how you can make this one special. As Alpha comes to an end, encourage and empower your guests and pray that this will be the start of an exciting adventure with God.

## Notes:

